

YZU Regulations Governing Health Promotion for Faculty and Staff

Passed by the 34th Administrative Committee of the 1993 School Year, April 18, 1994
Amended by the 9th Administrative Committee of the 1995 School Year, April 29, 1996
Amended by the 20th Administrative Committee of the 2005 School Year, July 3, 2006
Amended by the 14th Administrative Committee of the 2009 School Year, June 28, 2010
Amended by the 14th Administrative Committee of the 2022 School Year, February 22, 2023

Article 1 “YZU Regulations Governing Health Promotion for Faculty and Staff” (hereafter, ‘these regulations’) are established to actively promote the health management of the University’s faculty and staff, the cultivation of healthy habits, and the early detection or prevention of major illnesses.

Article 2 These regulations apply to the following objectives:

1. Accredited full-time faculty and staff.
2. Full-time faculty including lecturer professors, visiting personnel professors, project-based professors, and Military Education officers.
3. Contract-based staff.

Article 3 In order to actively promote the physical and mental health of faculty and staff, and to increase health checkup rates, the responsibilities will be assigned as follows:

1. Personnel Office: Make an annual budget for health checkup subsidies and regularly notify faculty and staff to schedule their health checkups.
2. Environmental Protection and Occupational Safety and Health Center: Keep the health checkup records of faculty and staff, conduct analysis and health management categorization, and plan annual activities for health promotion; all shall be in accordance with “Occupational Safety and Health Act”.
3. YZU Employees’ Welfare Committee, Physical Education Office, and Sanitary & Health Care Section of Office of Student Affairs: Cooperate to plan annual activities for health promotion.

Article 4 The maximum amount of health checkup subsidies will be allowed based on the applicants’ qualifications as follows:

1. An annual subsidy of NT\$12,000 dollars for the 1st rank directors (including the vice director, department chairman, and office directors); the one who has applied for this subsidy shall not apply for the following subsidies again.
2. An annual subsidy of NT\$9,000 dollars for the one who has served for more than 5 years and is over 60 years old.
3. An annual subsidy of NT\$9,000 dollars for the one who has served for more than 10 years and is over 50 years old.

4. An annual subsidy of NT\$7,000 dollars for the one who has served for more than 15 years and is over 40 years old.
5. An annual subsidy of NT\$5,000 dollars for the one who has served for more than 10 years and is over 40 years old.
6. An annual subsidy of NT\$3,500 dollars for the one who has served for more than 5 years and is over 40 years old.
7. An annual subsidy of NT\$2,000 dollars for the one who has not served for more than 5 years or is under 40 years old.

Article 5 Faculty and staff are allowed to adjust the amount of health checkup subsidies on a two-year period basis, with the first (odd-numbered) school year's claimed amount not exceeding the current year's subsidy limit. Any unclaimed amount can be accumulated for use in the subsequent (even-numbered) school year.

Any unclaimed subsidy amount beyond the expiration of a two-year period shall not be retained.

Article 6 Faculty and staff shall arrange a health checkup regularly. The Subsidy shall only be available if the regular physical checkup is taken at a medical institution that is recognized by the Ministry of Labor. Health checkup items and records shall be in accordance with the ones required by the "Labor Health Protection Act". The health checkup results, along with the questionnaire of symptoms induced by exceptional workload or musculoskeletal disorders, shall be submitted to the Environmental Protection and Occupational Safety and Health Center for keeping the records.

Article 7 Applicants for health checkup subsidies shall follow the above-mentioned procedures and submit the original receipts of checkup fees to the Personnel Office for reimbursement within the specified schedule.

Article 8 Faculty and staff taking the subsidized health checkup shall be allowed with an official leave of one day at most that does not affect their teaching schedule or working duty.

Article 9 After 3:00 PM each day is the open time for employees to do exercises or play sports on campus. Employees may arrange their exercise time once each week with prior approval from their office directors. Each office/department may flexibly schedule their weekly exercise time during the mentioned hours and ensure adequate staffing to keep the office running.

Article 10 These regulations are adopted by Administrative Committee, as shall amendments when they are made.

The English translation is for reference only. In case of any discrepancy between Chinese version and English version, the Chinese version shall prevail.